

Lifeline.....

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Heart Choices

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Mission Statement

To empower as many individuals as possible in the greater North Central Kansas area to make healthy life choices related to their sexuality and childbearing, consistent with the sanctity of human life.

Meeting Them Where They Are

John 4 tells of Jesus and His visit with the Samaritan woman. That meeting was life-changing for the woman, but it only happened because Jesus was willing to go to a place where Jews normally would not go nor were even liked—Samaria. Later we are told that "Many of the Samaritans from that town believed in Jesus because of the woman's testimony. And because of His words, many more became believers."

Often I think of the significance of the place where Jesus met the woman, and its similarity to Heart Choices. He was hanging around the well. Not at the synagogue, but at a place where he knew she would come to fill her physical need—water. While filling her water jar, she found out that the love of Christ is the love she'd been looking for her whole life, then told others.

When a woman comes to Heart Choices, she may be seeking a solution to a physical need—a pregnancy test, diapers, clothing, or formula. A man may be looking for ways to reconnect with his estranged children. What they find, though, is someone who truly cares about their situation and is willing to listen to them. Someone who reaches deep down beyond the fear, bitterness, and anger to reveal a heart that needs the love of Christ.



Tina Price

As we prepare for our 2014 Spring Banquets, we welcome **Tina Price** as our guest speaker. Tina is the Executive Director and oversees the Post Abortive Support ministry at the Pregnancy Service Center in Salina. "Having experienced crisis pregnancies first hand", Tina says, "I came to PSC as a volunteer with a desire to help others who face unplanned pregnancies." She is passionate about sharing her story and encouraging everyone to join God where He is working and meet clients where they are, geographically and spiritually.

Please join us in Beloit on April 24 or in Concordia May 1 as we celebrate the lives that have been saved and changed through Heart Choices and cast our vision for the future. Invite a friend or neighbor to come with you, so that they, too, may learn how they can be a part of building a culture of life, hope, and healing in the greater NCK area.

Alice



In His Image

Genesis 1:27

Heart Choices Spring Banquet

Guest Speaker—Tina Price, Executive Director, PSC, Salina

Thursday, April 24

7:00 P.M.

Thursday, May 1

Beloit Municipal Building

Nazareth Motherhouse--Concordia

Make your reservation today

738-3433 or karrie_heartchoices@nckcn.com

POSITION OPENING

Heart Choices is accepting applications for the position of Program Director. The Program Director will work under the supervision of the Executive Director and have responsibility of oversight of programs and services offered by the pregnancy center. Responsibilities for this position include, but are not limited to, the training and management of all volunteers and the implementation of necessary programs to meet client needs.

Applications and job description may be picked up during regular Center hours or can be mailed upon request. Inquiries should be directed to Alice Thompson at 738-3433. Applications will be accepted until March 24.

OUR CURRENT NEEDS LIST



Diapers (sizes 3-6) Cribs (no drop sides)
Wipes Formula
Car Seats Strollers
Baby Wash & Lotions Diaper Cream
Baby Towels & Washcloths
Manilla File folders (letter or legal size)
Legal Size hanging files

Thank you for donations given IN HONOR OF

Neighbors of Dan & Jenni Reling
Ron & Joan Ellenz ~ Peggy Koenigsman ~ Jack Hartman
Amy Doane ~ Vic Doane ~ Amanda Doane
Edie Doane ~ Will Doane ~ Grant Doane

IN MEMORY OF

Dick Carrico ~ Lisa Cordel ~ Charles Hartman
Jodi Bauman ~ Joan Taylor ~ Margaret Johnson
Patrick Michael Lutz ~ Jackson Cole Augustine ~
Michael Scott Lienberger



We are happy to announce the receipt of a \$2500 donation from Monsanto *Fund* on behalf of farmer/grower **Marsha Doane** from Downs. Marsha selected Heart Choices to receive the donation through the "America's Farmers Grow Communities" program.

The funds will be used to purchase supplies and upgrade curriculum and technology to provide pregnancy counseling, parenting education, and material aid to women and families in Osborne County through the Heart Choices satellite location at Osborne County Health Department.

We want to thank the Monsanto *Fund* for making these funds available and Marsha Doane for selecting Heart Choices as the recipient.



Heart Choices would like to thank **Jenni Reling** for her "Bags for Babies: Thirty-One Loves Heart Choices" fundraiser" which raised \$500 AND free merchandise valued at \$665! We appreciate all who supported us with orders or donations and are excited for the fantastic diaper bags that were donated and will be available to our families.

Also, thanks to **Kathleen Hughes** for donating her proceeds from the **Premier Jewelry** booth at the Beloit Christmas Opening!
We appreciate you both!



THANK YOU to those who have blessed us with donations of diapers and other baby items:

Daisy Girl Scout Troop #20651
Assembly of God ~ Osborne
United Methodist Church Quilters ~ Downs
Solomon Valley Quilt Guild
United Methodist Church ~ Beloit
St. John's Catholic Church ~ Beloit
St. John Baptist Catholic Church ~ Clyde
Cassiopeia Club
St. John's School ~ Beloit

Sexual Integrity School Presentations

Mary Fugate
Sexual Integrity Director



Four years ago I had several teachers from different schools ask me to spend more time with their students. I had been teaching 3 class periods presenting the *Seven Myths of Sexuality* to either 7th, 8th or 9th graders. I chose to continue using that program at the 8th or 9th grade level. Then I began working on programs called *Making Healthy Choices* for 7th graders and *Roads to Relationship and Marriage* for high school students. We have been making all 3 presentations in 5 school districts as I was "testing" ideas and materials to see what worked the best. I expect to offer all 3 of these to more schools soon.

Making Healthy Choices: In this program we cover decision making, goal setting and the possible detours we may take in life because of our decisions. We discuss the difference between crushes, infatuation, and love. We watch and evaluate video clips of people who give testimony about their choice to have sex outside of marriage and the "detours" their lives took because of that choice. We learn about unhealthy relationships, sexual abuse and inappropriate use of pictures on Instagram etc. We also spend time on the pressures to have sex...where they come from and how to deal with them and finish up with how to set boundaries and self control.

Roads to Relationship and Marriage: This program explores the "unhooked" generation and the attitude that may come with this culture's mindset while promoting the advantages of abstinence, bonding, relationship, love, intimacy and the benefits of marriage for men, women, children and communities.

The adolescent brain, and new research showing how it develops, will be compared to how being a part of the hook-up culture can affect the molding of and chemicals in a young person's developing brain. Millions of American teenagers and young adults are finding that the psychological baggage of "hooking up" is having a real and lasting impact on their lives. They are discovering that "hooking up" is the easy part, but "unhooking" from the bonds of a sexual relationship can have serious relationship consequences among other things. We also cover the consequences of pornography use and what research tells us about cohabitation.





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Make your banquet reservations TODAY!

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ADDRESS CORRECTION REQUESTED



Heart Choices
will be closed
March 27-28 as
our staff attends
the Kansas PRC
Conference in
Wichita

YES, I would like to help



I would like to choose to offer my support with:

Financial Gift \$ _____

Monthly Gift \$ _____

(contact us if you would like to have your gift
Automatically deducted from your account)

Volunteering as:

____ Church REP

____ Volunteer Client Advocate

____ Helping with fundraisers

(someone will contact you or call 738-3433 for more information)

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____

EMAIL: _____

Thanks for helping us be good stewards!

If you would no longer wish to receive Lifeline or if you prefer to receive by email, please call the
center at 785-738-3433 or send an email to heartbeat@nckcn.com.

CHECK US OUT ON FACEBOOK!