Lifeline....

Beloit Concordia Osborne Smith Centers

A quarterly publication of Heart Choices

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Mission Statement

To empower as many individuals as possible in the greater North Central Kansas area to make healthy life choices related to their sexuality, childbearing, and parenting, consistent with the sanctity of human life.

Where do you go when you feel there is no hope?

In the midst of unexpected pregnancies, relationship challenges, financial trials, material needs, and just seeking general information and good parenting practices, 132 women and men found hope for their individual situations in the helpful and caring staff at Heart Choices this past year. Jr Hi and High School students in area schools received factual, helpful, and hopeful education regarding healthy life choices regarding their sexuality, as well!

Heart Choices has been that ray of hope to nearly 1,000 individuals in the North Central Kansas area in the past fourteen years and stands ready to protect and preserve life as we follow God's leading and to begin our 15th year of ministry of HOPE, made possible by the financial support of our generous giving and praying community.

We invite you to celebrate with us at the 16th Annual Spring Banquet Thursday, April 6 at 7 pm at the Beloit Municipal Bldg. We would love to have you join us for a delicious meal, updates from clients we have served, and be inspired by our guest speaker, Andy Merritt from Columbus, GA. Andy is one of the pioneers in the pregnancy center movement, having led his church to establish the nation's first church sponsored pregnancy center in 1981. He has travelled nationwide to establish and encourage other 500 centers and speaks nationally at pro-life conferences and events. His church hosts a National Pregnancy Center Conference ever other year. Andy is a Heartbeat International Servant-Leader honoree and was honored as one of the "100 People to Remember" in the history of Columbus, GA for his compassionate ministry to women in crisis pregnancies.

"For I know the plans that I have for you", declares the Lord, plans for good and not for evil, plans to give you a HOPE and a future." Jeremiah 29:11



A Golden Ray of Hope. .

Special Guest Speaker

Pastor Andy Merritt

Edgewood Baptist Church,

Columbus, Georgia

Meal served by Buffalo Roam Steakhouse, Mankato and sponsored by area businesses and individual donors

Reservations requested by March 30

738-3433 *๛* <u>heartbeat@nckcn.com</u>

"I'm finally at a point where I can Love Life Again!"

When Kelsie first came to Heart Choices, she had just moved to the area, hoping for a fresh start from some poor decisions in the past. "I had really made a mess of my life and by reaching out through a good support sys-

tem had gotten things turned around. "

"I had been a mess for awhile and it wasn't good." Kelsie said, "I wanted to be away from that, so I moved here." Kelsie moved to Mitchell County where she soon met her boyfriend. "He is so supportive. He treats me really well and is a hard worker!"

Kelsie was living in a friend's basement apartment and a about a month later she realized she was pregnant. "I

took a home test, and was shaking so much. I was terrified, but happy, as I really didn't think I would be able to have children!"

Kelsie heard about Heart Choices from her friend, and made an appointment to check it out. "At first I didn't know if it would be a right fit for me. I was stand- offish. But as I started coming and learning, it just clicked. I was able to ask questions and get answers and I felt comfortable talking with the mentors."

Continuing with parenting classes all through her pregnancy, Kelsie learned and earned Mommy Bucks for her attendance. Through Heart Choices' *Smart Parents/Safe Kids* campaign funded by Solomon Valley Community Foundation and Dane G. Hansen Foundation, she was also able to earn a brand new crib and mattress.

"The breastfeeding classes and Infant bonding classes impacted me the



most." During her son's delivery in the hospital, she said that one of the nurses told her "I can't believe you are a first time mother! You are doing so well!" Kelsie told them "It is all because of what I learned at Heart Choices."

Kelsie has successfully breastfed her son and is proud of her accomplishments as a mother. "It makes a huge difference just having you guys (Heart Choices) available for help!"

Having now moved into a place of her own, Kelsie is able to parent and grow in confidence in her own parenting skills along with the baby's father. Kelsie continues to come to Heart Choices for ongoing support, education, and friendship. She pops into the Beloit Center often just to say hello or share a quick baby moment. The staff loves to see how much baby has grown and enjoys watching him coo at his mother! Recently Kelsie proudly told us that her baby boy is "smilling now!"

Kelsie is thankful for her experience at Heart Choices, but also says "thank you" to the donors and supporters to make this program available to her and others like her.

"Being a mom was scary at first," Kelsie shared," but it gives me strength after all my old struggles. I feel like I have been waiting for him (my son) my whole life. I'm finally at point where I love my life again!"

Thank you for donations given

IN MEMORY OF

TJ Elam
Lloyd Fugate
Gene Genereux
Neva Litton
Stanley Luedke
Roger Oplinger
Jennifer Peters
Michael B Wise
Dale Twaddell
Camie Rae Ullom
Jennifer Peters
Trenton Mitchell

IMAGE CLEAR ULTRASOUND MOBILE UNIT



We are excited to announce the
Image Clear Ultrasound Mobile Unit
will be available
TWICE a month, on the
1st and 3rd Tuesdays
in Concordia.

For a free appointment, please call 785-309-6313

Our hearts overflow with

Thankfulness

for donations of diapers and supplies from

Asherville Achievers
Beloit United Methodist Church
Cloverleaf 4-H Club
Concordia Wesleyan Church
Jewell Red Hat Club
Rose Valley Methodist Church
Sharing Hands of Osborne
Smith Center Lutheran Church
St John the Baptist Church—Clyde
Tipton High School Student Council

"CHANGE FOR LIFE" BABY BOTTLE CAMPAIGN

We are gearing up for our baby bottle Change for Life campaign that will run from

Spare Change can Spare Lives

Mother's Day (May 14) to Father's Day (June 18) and we want YOU to be a part! In fact, last year, by taking a designated baby bottle home and adding your spare change, you flooded us with pennies, dimes, nickels, quarters and even dollars, you raised over \$1800 for Heart Choices!

This year, we want to be so busy counting change we just don't know what to do!! Will you help us beat last years total? **Or double it???**

Churches, individuals, and groups are invited to stop by or call, and Heart Choices will provide you will everything you need to get started. It really is as easy! In fact, we are so sure you will meet the challenge, that we are offering a special challenge! Ask us about the GIANT baby bottle! One group of under 30 kids, filled it with over \$501.24 in change! We have two of these, (along with the regular ones). Who will be the next to fill them??

Call Rachel at 738-3433 today to arrange for your next Change for Life Campaign.!

Welcome To Our New Little

Logan ~ 10/30/~ 7lbs 3oz

Jackson Lee ~ 11/13/16 ~ 7lbs 15oz

Naomi Daphne ~ 11/21/16 ~ 8lbs

Vincent ~ 12/16/16

Bradley Kohl ~ 12/27/16 ~ 6lbs 5oz

Emilia Monroe ~ 1/5/17 ~ 7lbs 7oz

Dustin Lee ~ 1/23/17 ~ 7lbs 1oz



Pole Bending Barrels
Pole Turn Flag Race
Half & Pair Sack Race



Prizes for Each Age Group Concessions

Ride for Life

2nd Annual Fun Show

Sunday, May 21st at 2:00 PM Bull City Roughriders Arena Alton, KS Registration 1:00 PM — 1:45 PM \$15 Entry Fee (KWHA \$16) Prize for Most Donations Raised

785-738-3433 for more information All proceeds benefit



Beloit * Osborne * Smith Center * Concordia

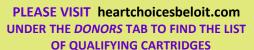


DID YOU KNOW 6 parents have received BRAND NEW cribs or car seats through the Smart Parents/ Safe Kids program at Heart Choices? Please spread the word to parents who are expecting or have young children.

There's still time to participate! (Must be a resident of Mitchell, Smith, or Osborne County)

DON'T FORGET

TO SAVE YOUR EMPTY
TONER (LASER) AND INKJET PRINTER
CARTRIDGES



For pick-up, call 738-3433.





602 W 6th Street P.O. Box 96 Beloit, KS 67420

Heart Choices Spring Banquet Thursday, April 6, 2017 Beloit Municipal Building 7:00 T.M.

NON PROFIT ORGANIZATION US POSTAGE PAID BELOIT, KS PERMIT NO. 96

RETURN SERVICE REQUESTED

YES, I would like to help offer HOPE, HELP, AND HEALING		
I would like to choose to offer my support with:		CHOices
□ Financial Gift \$		PREGNANCY & PARENTING RESOURCE CENTER
☐ Monthly Gift \$	NAME:	
(contact us if you would like to have your gift Automatically deducted from your account)	ADDRESS:	
	CITY/STATE/ZIP:	
□ Volunteering as:	PHONE:	
Church REP for my church	EMAIL:	
Volunteering	Circumstant Tune 20 Tule 4	
Helping with fundralsers -	Fireworks stand June 30—July 4 Call 738-3433 for more information or to sch	ed <mark>ul</mark> e your 4 hr shift
Thanks for helping us be good stewards!		
If you would no longer wish to receive Lifeline or if you prefer to receive by email, please call the center at 785-738-3433 or send an email to heartbeat@nckcn.com.		

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